



## SIS30115 Certificate III in Sport and Recreation

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## SIS20115 Certificate II in Sport and Recreation

*\*Students initially enrol in qualification: SIS20115 Certificate II in Sport & Recreation*

<b>TERM 1</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>• Binnacle Lounge Induction</li> <li>• Sport, Fitness and Recreation (SFR) Industry Knowledge</li> <li>• SFR Laws and Legislation</li> <li>• Workplace Health and Safety</li> <li>• Maintaining SFR Equipment</li> <li>• Beginning Coaching Principles</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>• Program #1: Coaching Program (Teacher Facilitated)</li> <li>• Program #2: Coaching Program (Student Delivery)</li> <li>• Additional Task: Respond to an Emergency Situation</li> <li>• Self-Directed Learning: Community Coaching/Officiating General Principles (Online Course)</li> </ul>

*\*Students officially enrol in qualifications: SIS20115 Certificate II in Sport & Recreation + SIS30315 Certificate III in Sport & Recreation*

<b>TERM 2</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>• Respond to Emergencies</li> <li>• Provide First Aid</li> <li>• Risk Analysis</li> <li>• Organise Work</li> <li>• Community SFR Programs</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>• Program #1: Community SFR Program</li> <li>• Short Course: Provide First Aid (HLTAID011)</li> </ul>

### SEMESTER 1 UNITS OF COMPETENCY SCHEDULED FOR COMPLETION

HLTAID003	Provide first aid
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\*Please note that this course schedule is a guide only.



<b>TERM 3</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>• Emergency Response</li> <li>• Working in SFR Environments</li> <li>• SFR Industry Knowledge</li> <li>• Work-Related Learning</li> <li>• Using technology</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>• Program #1: Sport-Specific Conditioning Program</li> </ul>

<b>TERM 4</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>• SFR Industry Knowledge</li> <li>• Work-Related Learning</li> <li>• Internet Research</li> <li>• Conducting SFR Sessions</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>• Program #1: Assist with Delivering Coaching Sessions</li> <li>• Program #2: Deliver Coaching Sessions</li> </ul>

## SEMESTER 2 UNITS OF COMPETENCY SCHEDULED FOR COMPLETION

HLTWHS001	Participate in workplace health and safety
SIXEMR001	Respond to emergency situations
SIXIND001	Work effectively in sport, fitness and recreation environments
SIXCAI002	Assist with activity sessions
SIXIND002	Maintain sport, fitness and recreation industry knowledge
SIXCCS001	Provide quality service
SIXFAC001	Maintain equipment for activities
BSBWOR202	Organise and complete daily work activities
BSBTEC201	Use business software applications
BSBTEC202	Use digital technologies to communicate in a work environment
BSBTEC203	Research using the internet
ICTICT203	Operate application software packages
BSBSUS201	Participate in environmentally sustainable work practices

Qualification scheduled for finalisation: **SIS20115 CERTIFICATE II IN SPORT AND RECREATION\***

\*Finalisation of SIS20115 requires completion of HLTAID003 Provide First Aid.

\*Please note that this course schedule is a guide only.



Students are provided the option of completing only the Certificate II in Sport and Recreation (exit point).

<b>TERM 5</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>• Knowledge of Coaching Practices</li> <li>• Conducting SFR Session</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>• Program #1: Group Sports Program</li> <li>• Online Program: Community Coaching/Officiating General Principles</li> </ul>

<b>TERM 6</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>• Plan and Conduct Sport Programs</li> <li>• Group Facilitation</li> <li>• Prioritising Work</li> <li>• Organising Schedules</li> <li>• Personal Development</li> <li>• Social Media Tools</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>• Program #1: Sport Activity Sessions</li> <li>• Program #2: Community SFR Program</li> </ul>

### SEMESTER 3 UNITS OF COMPETENCY SCHEDULED FOR COMPLETION

BSBWOR204	Use business technology
BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions
ICTWEB201	Use social media tools for collaboration and engagement
SISXCAI006	Facilitate groups
BSBWOR301	Organise personal work priorities and development
BSBADM307	Organise schedules
SISXCAI004	Plan and conduct programs

Qualification scheduled for finalisation: **SIS30115 CERTIFICATE III IN SPORT AND RECREATION**



## TERM 7 ADD-ON: 4 x Units of Competency

<b>TERM 7</b>	<b>TOPICS</b>
	<ul style="list-style-type: none"> <li>Sport-Specific Coaching Sessions</li> <li>Personal Development</li> <li>Workplace Performance</li> </ul>
	<b>PROGRAMS</b>
	<ul style="list-style-type: none"> <li>Program #1: Sport-Specific Coaching Program</li> </ul>

TERM 7 UNITS OF COMPETENCY SCHEDULED FOR COMPLETION	
SISSCO001	Conduct sport coaching sessions with foundation level participants
BSBPEF302	Develop self-awareness
HLTAID009	Provide cardiopulmonary resuscitation <i>(Completed as part of Provide First Aid - HLTAID011 Certificate)</i>
HLTAID010	Provide basic emergency life support <i>(Completed as part of Provide First Aid - HLTAID011 Certificate)</i>

*NOTE: The units of competency in the 'Term 7 Add-On' to be reported to qualification: SIS30315 Certificate III in Fitness (partial completion only) to be eligible for an additional 2 QCE credits (with a maximum of 8 credits from the same training package contributing to a QCE). Please contact Binnacle Training if you wish to explore further options.*